



PREPARATION FOR

TSUNAMIS

#READY360

#YourMove

IT'S YOUR MOVE!

PREPARE

TO PROTECT

Do you know what a tsunami is?
Could you recognize the warning signs?

Here, you'll learn what to do in the event of an alert:
prepare, evacuate, and get to safety.

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WHAT IS A TSUNAMI ?

It's a **series of powerful waves** caused by an earthquake under the sea, a landslide in the sea, or an underwater volcanic eruption.

Unlike swells, **waves don't stop at the beach**: they can be very high and go far inland.

STAY ALERT TO WARNING SIGNS

- ✓ Are you experiencing violent or prolonged **seismic tremors** ?
- ✓ Have you noticed any **unusual behavior in the sea or ocean**, such as receding waters, rising tides, or rumbling sounds coming from offshore?



EXEMPLE

The tsunami of **July 13, 2003**, caused by a major collapse of the Montserrat volcanic dome. Material damage occurred on the west coast of **Guadeloupe**, with waves estimated between 1 and 2 meters high.



BEHAVIOURS TO ADOPT

BEFORE

A TSUNAMI

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- ✓ **Ask your local authorities** about the tsunami risk in your area: evacuation plans and routes, **refuge areas**, and official alert system (sirens, text messages, radio, etc.).
- ✓ **Prepare a shelter plan** with and for your household members: where to take shelter in the house, **how and where to evacuate** to a refuge area, where to place your **emergency kit** so that you have it to hand.

In the event of an alert or warning signs

Evacuate the coastline on foot to higher ground, at an altitude above 10 meters. Secure refuge sites known to the authorities may be established there.

In any event :

Don't wait for confirmation. Evacuate!

WARNING !

Evacuation routes may be
blocked following the earthquake.



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Check out the special
infographic on the
emergency kit !

Prepare your emergency kit for a period of 3 days, to cover **your five essential needs**:

- ✓ **Hydration** (drinking water)
- ✓ **Food** (non-perishable food)
- ✓ **Care** (first aid kit and medicines)
- ✓ **Protection**
(lamp, clothing, and emergency blanket)
- ✓ **Communication**
(radio and means of signalling your presence)

Adapt the contents of the kit to the specific needs of each member of your household.

Turn off the gas, electricity and water if recommended.



BEHAVIOURS TO ADOPT

DURING

A TSUNAMI

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Stay safe

- ✓ **Head to the refuge areas**, following the evacuation routes and take your emergency kit.
- ✓ **Listen to official instructions** on the radio or via alerts: use a radio that works without electricity (battery-powered, hand-cranked, dynamo or solar-powered).
- ✓ If you are at sea, stay offshore, do not return to port.
- ✓ **Stay in a safe place** until the authorities give instructions indicating that all danger has passed.



DID YOU KNOW ?

The first wave is not necessarily the biggest, and waves can keep coming for several hours!

BEHAVIOURS TO ADOPT

AFTER

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DID THE WATER REACH YOUR HOME ?

- ✓ It may have damaged the foundations, caused water seepage into the walls, or moved the structure: Call a building expert.
- ✓ Clean your house with disinfectant products to prevent illness and ventilate the rooms.
- ✓ Do not enter a flooded building or one surrounded by water: it may be weakened and at risk of collapsing. Water may hide hazards such as sharp objects or deep areas, increasing the risk of drowning.
- ✓ Do not light anything unless you have checked for gas or flammable liquid leaks.
- ✓ Do not drink tap water; without confirming that it is safe to drink. Check with local authorities or health services to find out if the water is safe to drink.
- ✓ Watch out for secondary hazards: landslides, mudslides, collapses.



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EMERGENCY

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